

St. Vincent de Paul Regional Seminary
Propaedeutic Horarium
2023-2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|--|--|
| Rotating Sunday Mass Schedule | 6:45–7:45 Lauds and Mass (St. Mary's) | 6:45–7:45 Lauds and Mass (St. Mary's) | 7:00–8:00 Optional Holy Hour (St. Mary's) | 6:45–7:45 Lauds and Mass (St. Mary's) | 7:00–8:00 Combined Mass & Lauds with Discipleship (St. Mary's) | Day Off (Normally; formative activities pending) |
| <i>Meals and formative elements TBD on Sundays</i> | 7:45 – 8:15 Breakfast (Silence ends) | 7:45 – 8:15 Breakfast (Silence ends) | 7:45 – 8:15 Breakfast Silence ends | 7:45 – 8:15 Breakfast (Silence ends) | 8:00 – 8:30 Breakfast (Silence ends) | 9:00am Mass in St. Vincent's (Spanish with English homily) |
| | 9:15-10:05 <i>Theological Reflection</i> (Classroom 1) | 8:30–9:20 <i>Spanish</i> | 8:30–9:20 <i>Spanish</i> | 8:30–9:20 <i>Spanish</i> | 8:30-10:30 Formation Activities with <i>Theological reflection</i> | |
| 10:30 SVDP Community Mass & Brunch *Once a month | 11:00-12:00 Weekly house meeting | 11:00-12:00 Lectio, Holy Hour (St. Mary's) | 9:30-12:00pm <i>Fraternus</i> (Liturgy Lab) | 9:30-12:30 St. Ann Place Outreach Center | 11:00-12:00 Holy Hour with Discipleship (St. Mary's) | |
| | 12:00pm Lunch | 12:00pm Lunch | 12:00pm Lunch & 1:15 Mass ¹ (silent) | 1:00 – 1:45 <i>Priest Luncheon</i> | 12:00-1:00 Lunch | 12:00-1:00 Lunch |
| | | 2:00-4:00 <i>Sources of Prayer</i> (Classroom 5) | 2:00-4:00 <i>Catechism</i> (Classroom 5) | 2:00-4:00 <i>Divine Revelation</i> (Classroom 5) | | |
| 6:00 – 7:00 Dinner (Refectory) | 5:00 – 6:00 Holy Hour With Discipleship (St. Mary's) | 5:45 Vespers (St. Mary's) | 5:45 Vespers (St. Mary's) | 4:45 – 5:45 <i>Dinner Prep</i> | | |
| 8:00–9:00 Holy Hour (St. Vincent's) *Unless traveling | 6:00 – 7:00 Dinner (Refectory) | 6:00 – 7:00 Dinner (Refectory) | 6:00 – 7:00 Dinner (Refectory) | 5:00 – 7:30 <i>Homecooked Meal</i> Vespers (Once a month house comm. dinner) | 6:00 – 7:00 Dinner (Refectory) | 6:00 – 7:00 Dinner (Refectory) |
| | | | | 7:30pm Family Night (movie night, etc.) | | |
| 10:30 Grand Silence | 10:30 Grand Silence | 10:30 Grand Silence | 10:30 Grand Silence | 10:30 Grand Silence | | |

¹ Once a month, lunch and Mass switch to attend 12:15pm Wed. Community Mass